

Utah Digestive Health Institute at Tanner Clinic: Internship



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Table 1- Endoscopy Procedures by Week

Providers & Procedures	EGD Esophagogastroduodenoscopy	Colonoscopy	Total
Dr. Matthew Redd	32	46	78
Dr. Jeffery Poole	35	54	89
Dr. Brian Pugh	20	31	51

This table shows an average number of procedures the providers at UDHI perform each week.

Introduction

With the help of Tanner Clinic, I was able to participate in an internship in clinical services at Utah Digestive Health Institute in January 2021. I worked alongside 3 doctors and 2 physicians assistants that each specialized in gastroenterology. Some of the appointments and procedures I was a part of include:

- **Outpatient endoscopy** including both esophagogastroduodenoscopy (EGD) and colonoscopy
- **Medication refills and routine check ups** for many chronic GI conditions, such as Crohn's disease
- **New patient visits** for sudden onset of nausea, heartburn, etc.

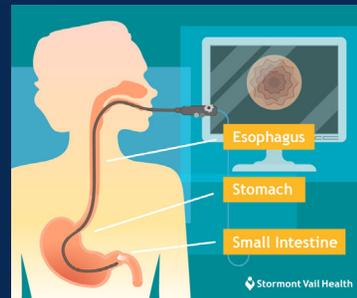
My main focus at the clinic is to keep the front office running smoothly and efficiently while still assisting the providers with help from my supervisor, Jenny Ayala.

Responsibilities

My major responsibilities at UDHI were to manage the front desk by checking patients in and verifying that all their information was accurate and then schedule procedure appointments and relay the instructions.

1. **Check patients in and out** for appointments
2. **Provide medical billing and coding** for procedures and appointments.
3. **Work with Davis Hospital** to relay patient demographical information prior to procedures.

Figure 1 – Esophagogastroduodenoscopy



EGD's are a commonly performed procedure at UDHI and are typically used to diagnose esophagus malfunctions.

Figure 2 – Educational material



Utah Digestive Health Institute values the education of their patients regarding their gastrointestinal concerns. There are numerous opportunities available to learn at UDHI.

Before & After

Prior to my time at UDHI, I had no practical healthcare experience. I have gained knowledge in

- Digestive health
- Common GI medications used and their administration route
- Endoscopy procedures
- Practice management skills

Now that my time working as an intern at UDHI is half over, I have continued goals to remain a part of their team for as long as possible at the conclusion of the internship.

Conclusion

Being able to spend my internship at Utah Digestive Health Institute will have a lasting impact on my future. As a pre-medical student, I have been gaining the experience necessary to hopefully make a difference in healthcare in the future. I have been able to utilize teamwork, compassion, and professional courtesy along the way and this is paramount to good healthcare.

