

**Curriculum Vitae**  
**WEIMIAO ZHOU** (Wei-Meow Joe)

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EDUC 440, 953 E 700 N, Utah State University, Logan, UT 84321

Updated: January 2025

EDUCATION

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- Ph.D.**    **The University of Kansas, Communication Studies, *Interpersonal Communication***    2023  
Dissertation title: “Secure attachment, parent-offspring communication, and perceived fairness in young adults’ recollections of parental differentiation.”  
Advisor: Dr. Alesia Woszidlo
- M.A.**    **Renmin University of China, Communication Studies, *Interpersonal Communication*** 2017  
Thesis title: “Perceptions of parent-child communication difficulties among left-behind children in rural China.” Advisor: Dr. Yang Chen
- B.A.**    **Xiamen University, Journalism and Communication, *Mass Communication***    2015

EMPLOYMENT

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- Utah State University    Department of Human Development and Family Studies    2023–Present  
**Postdoctoral Fellow**
- University of Kansas    Department of Communication Studies    2017–2023  
**Graduate Teaching Assistant**

RESEARCH INTERESTS

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- **Communication processes** (e.g., conflict management, disclosure, sense-making, social support)
- **Health and well-being** (e.g., coping, mental health, sexual health, substance use, resilience)
- **Diverse family systems** (e.g., sibling dyads, parent-child dyads/triads, stepfamilies)
- **Relationship qualities** (e.g., attachment, closeness, conflict, entitlement)
- **Research methods and statistical techniques** (e.g., structural equation modeling, longitudinal data analysis, multilevel modeling, scale development, latent class analysis, qualitative data analysis)

PUBLICATIONS

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\*denotes graduate student co-author(s)

Kang, Y., & **Zhou, W.** (2025). Stepchildren’s dialectical discourses of divorced parents’ communication about their new dating relationships with children. *Family Transitions*, 1–27. <https://doi.org/10.1080/28375300.2024.2448876>

**Zhou, W.**, Whiteman, S. D., Dotterer, A. M., Page, L.\*, Serang, S., Maiya, S., Maggs, J. L., Kelly, B. C., & Mustillo, S. A (2024). Sibling disclosure and adolescents’ coping from before to during the COVID-19 Pandemic: A longitudinal study. *Developmental Psychology*. Advance online publication. <https://doi.org/10.1037/dev0001827> (2024 Outstanding New Professional Paper Award from the National Council on Family Relations [NCFR], Families and Health section)

Whiteman, S. D., **Zhou, W.**, Serang, S., Maiya S., Kelly, B. C., Maggs, J., Maiya, S., & Mustillo, S. A. (2024). Sibling socialization of alcohol use during adolescence: An integrated model of

sibling influence processes. *Addiction*. Advance online publication.  
<http://doi.org/10.1111/add.16687>

**Zhou, W.**, Page, L. \*, Serang, S., & Whiteman, S. D. (2024). Does sibling differentiation promote relational harmony or discord? Evidence from a longitudinal dyadic study. *Journal of Social and Personal Relationships*. Advance online publication.  
<https://doi.org/10.1177/02654075241277228>

**Zhou, W.**, & Woszidlo, A. (2024). Emerging adult siblings' relational entitlement and conflict: The moderating effects of financial dependence on parents. *Personal Relationships*, 31(2), 496-515.  
<https://doi.org/10.1111/perc.12541>

**Zhou, W.**, & Woszidlo, A. (2023). Young adults' retrospective reports of family cohesion, parental differential treatment, and sibling relationships. *Family Relations*, 73(2), 1067-1085.  
<https://doi.org/10.1111/fare.12878>

Kang, Y., & **Zhou, W.** (2022). Review of the book *Divorce in China: Institutional Constraints and Gendered Outcomes* by X. He. *Journal of Family Theory and Review*, 14(1), 97–103.  
<https://doi.org/10.1111/jftr.12444>

### ***Book Chapters***

Kang, Y., & **Zhou, W.** (in press) Human Development and Family Studies in applied settings over time. In A. Roach & A. Ermer (Eds.), *Introduction to the History of Human Development and Family Science*. Routledge.

Whiteman, S. D. & **Zhou, W.** (under review). Risky behaviors: Testing the waters of adolescent sibling relationships and friendships. In N. Howe, B. Volling, & L. Kramer (Eds.), *Handbook on the Psychology of Sibling Relationships*. Springer Nature.

### ***Manuscripts Under Review***

**Zhou, W.**, Woszidlo, A., & Whiteman, S. D. Does parent-offspring communication matter? Young adult siblings' perceived fairness of parental differential treatment.

Page, L. \*, **Zhou, W.**, O'Neil, L., Whiteman S.D., & Casper D. The unique role of sibling relationships on young adults' perceptions of social support.

Yang, Y. \*, Jiang, Z. \*, **Zhou, W.**, & Chen, B.B. Parental differential treatment and sibling relationships: A multilevel meta-analysis.

### **GRANTS/FUNDING**

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**NIH/NIAAA R01AA030191 (Shawn D. Whiteman, PI; \$1,002,918)** 2022-2025  
“Longitudinal Impact of Pandemic-Induced Disruption on Adolescent Siblings’ and Parents’ Alcohol Use: A Family Life Course Perspective”

Role: Postdoctoral Fellow

Responsible for leading journal manuscripts, analyzing longitudinal and clustered data, presenting findings at conferences, harmonizing and sharing the collected data with the

governmental data archive, and proposing new ideas for a potential competing continuation grant from family communication perspectives

**NIH/NIAAA R01AA025331 (Shawn D. Whiteman, PI; \$2,415,417)** 2017-2022

“Sibling Socialization of Alcohol and Drug Use from Early through Late Adolescence”

Role: Postdoctoral Fellow

Responsible for leading journal manuscripts, analyzing longitudinal and clustered data, presenting findings at conferences, mentoring graduate students in methodology, writing, and manuscript editing and revision

**NIH/NIA 1K01AG081566-01 (Yin Liu, PI; \$702,809)** 2023-2028

“Cognitive Health and Modifiable Factors of Daily Sleep and Activities among Dementia Family Caregivers”

Role: Consultant

Involved in study designs on dementia family caregivers’ communication resilience processes and narrative sense-making

**Doctoral Student Research Fund (DSRF), Graduate Studies at University of Kansas (\$745)** 2022

“Secure Attachment, Parent-offspring Communication, and Perceived Fairness in Young Adults’ Recollections of Parental Differentiation”

Role: Principal Investigator

Recipient of research fund for excellent dissertation research at the University of Kansas;

**Dissertation Research Grant, University of Kansas (\$2,500)** 2021

“Secure Attachment, Parent-offspring Communication, and Perceived Fairness in Young Adults’ Recollections of Parental Differentiation”

Role: Principal Investigator

Recipient of research grant for excellence in dissertation research with impactful theoretical and practical implications

**NCFR Student Access Grant, National Council on Family Relations (\$500)** 2021

Recipient of travel fund for student conference presenter from historically marginalized racial communities in the discipline of Family Science

## CONFERENCE PRESENTATIONS

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\*denotes graduate student co-author(s)

**Zhou, W.**, Page, L.\*, & Whiteman, S.D., (2025, May 1-3). What predicts adolescent siblings’ drinking alcohol together? A weekend diary approach. [Paper Symposium]. Biennial meeting of Society for Research on Child Development, Minneapolis, MN.

Page, L.\*, **Zhou, W.**, & Whiteman, S.D. (2025, May 1-3). Adolescents’ internalizing symptoms and externalizing behaviors: The unique roles of support from siblings and friends. [Poster Presentation]. Biennial meeting of the Society for Research on Child Development, Minneapolis, MN.

**Zhou, W.**, Woszidlo, A. & Whiteman, S. D. (2024, November 21-24). Does parent-offspring communication matter? Young adult siblings’ perceived fairness of parental differential treatment. [Paper Presentation]. National Communication Association 110<sup>th</sup> Annual Convention, New Orleans, LA.

- Zhou, W.**, Page, L. \*, Serang, S., & Whiteman, S.D. (2024, November 20-23). Does sibling differentiation promote relational harmony or discord? Evidence from a longitudinal dyadic study. [Paper Presentation]. Annual Meeting of the National Council on Family Relations, Bellevue, WA.
- Kang, Y., & **Zhou, W.** (2024, November 20-23). Perceptions of dialectical tensions in divorced parents' communication about their new dating: What can parents learn from their children? [Poster Presentation]. Annual Meeting of the National Council on Family Relations, Bellevue, WA.
- Zhou, W.**, Whiteman S. D., Dotterer A. M., Page L. \*, Serang S., Maiya S., Maggs J. L., Kelly B. C., & Mustillo S. A. (2024, April 18-20). Sibling disclosure and adolescents' coping from before to during the COVID-19 pandemic: A longitudinal study. [Flash Talk]. Annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Whiteman, S. D., **Zhou, W.**, Serang, S., Maiya, S., Kelly, B. C., Mustillo, S. A., & Maggs, J. L. (2024, April 18-20). Sibling influence on adolescents' alcohol use: Bidirectional effects from early through late adolescence [Flash Talk]. Annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Page L. \*, **Zhou, W.**, Whiteman, S. D. (2024, April 18-20). Sibling relationships as important sources of social support during adolescence and emerging adulthood [Poster Presentation]. Annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Zhou, W.**, & Woszidlo, A. (2023, November 16-19). Secure attachment, parent-offspring communication, and perceived fairness in young adults' recollections of parental differentiation. [Paper Presentation]. National Communication Association 109<sup>th</sup> Annual Conference, National Harbor, MD.
- Zhou, W.**, Woszidlo, A., & Whiteman, S. D. (2023, December 5-6). Does parent-offspring communication matter? Young adult siblings' perceived fairness of parental differential treatment. [Paper Presentation]. Sibling Studies Network Symposium, Virtual.
- Zhou, W.**, & Kang, Y. (2023, November 8-11). That's not what I expected to hear from you: Divorced parents' violation of sharing their new dating with children. [Poster Presentation] Annual meeting of National Council on Family Relations, Orlando, FL. (**2023 New Professional Best Poster Award, Family Therapy Section**)
- Kang, Y., **Zhou, W.** (2023, November 8-11) Young adult children's evaluations of their divorced parents' communication about new dating: What can divorced parents learn from children? [Poster Presentation]. Annual meeting of National Council on Family Relations, Orlando, FL.
- Page, L. \*, **Zhou, W.**, & Whiteman, S. D. (2023, November 8-11). Longitudinal linkages between daily interactions with parents and siblings and youth's social media use. [Poster Presentation]. Annual meeting of National Council on Family Relationships, Orlando, FL.
- Zhou, W.**, & Woszidlo, A. (2022, November 17-20). Relational entitlement and sibling conflict: A dyadic perspective. [Paper Presentation]. National Communication Association 108<sup>th</sup> Annual Conference, New Orleans, LA.

- Zhou, W.**, Ko, K., & Zhang, Y. (2021, November 2-5). Helicopter parenting and psychological health of Chinese emerging adults: The mediating role of filial values. [Paper Presentation]. Annual meeting of National Council on Family Relations, Virtual.
- Woszidlo, A. & **Zhou, W.** (2020, November 4-13). The effects of sibling relationships and family communication patterns during adolescence on young adult psychological well-being. [Paper Presentation]. Annual meeting of the National Council on Family Relations, Virtual.
- Zhou, W.**, & Woszidlo, A. (2020, November 19-22). Family functioning and sibling relationships: The moderating effects of parental differential treatment. [Paper Presentation]. National Communication Association 106<sup>th</sup> Annual Conference, Virtual.
- Zhou, W.** (2016, November 10-13). Self-disclosure of Chinese emerging adults and interpersonal satisfaction in parent-child relations. [Paper Presentation]. National Communication Association 102<sup>nd</sup> Annual Conference, Philadelphia, PA.
- Zhou, W.**, Zeng, X. & Wang, Y. (2016, July). Attitudes towards controversial advertising among different generations in China. [Paper Presentation]. Annual meeting of China Association for Intercultural Communication, Hongkong, China (***Outstanding Paper Award***)

#### HORNORS/AWARDS

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- NCFR Outstanding New Professional Paper Award** 2024  
 “Sibling disclosure and adolescents’ coping from before to during the COVID-19 Pandemic: A longitudinal study”  
 Recognition of outstanding professional achievement to the best new professional paper/publication based on the quality of my lead-author paper by the Family Health section at the Annual meeting of National Council on Family Relations, Bellevue, WA.
- NCFR Best New Professional Poster Award** 2023  
 “That’s not what I expected to hear from you: Divorced parents’ violation of sharing their new dating with children”  
 Recipient of the best poster presentation in Family Therapy section at the Annual meeting of National Council on Family Relations, Orlando, FL.
- William A. Conboy Outstanding Graduate Student, *University of Kansas*** 2021  
 Recipient of the departmental award for excellence in scholarship, mentorship, and service; \$700
- Outstanding Paper Award, *China Association for Intercultural Communication Conference*** 2016  
 Recipient of the conference award for excellent paper presentation, Hongkong, China.
- Mitacs Globalink Research Internship Scholarship, *York University*** 2014  
 Recipient of the undergraduate research internship scholarship by Mitacs, a nonprofit national research organization in Canada; \$ 2,400
- National Academic Scholarship, *Ministry of Education of P. R. China*** 2012  
 Recipient of the national scholarship for undergraduate students’ academic excellence of top 1% records at Xiamen University

## TEACHING

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### ***Instructor of Record***

#### **Utah State University, Department of Communication Studies & Philosophy**

##### CMST 4700: Health Communication

Spring 2025 (In-person)

This upper-level undergraduate course focuses on teaching knowledge about health-related communication in the contexts of interpersonal relationships and media. The goal is to strengthen students' understanding of the role of health communication in addressing health disparities. The material covered in this course is based on theory and empirical data.

##### CMST 3120: Communication in Family Contexts

Fall 2024 (In-person)

This upper-level undergraduate course focuses on teaching theoretical and practical knowledge about communication processes in family relationships for COMS majors and minors. I developed this course by re-selecting the textbook, updating the course syllabus with new ideas on the assignments, examinations, class activities, discussions, and focal lecture topics.

#### **University of Kansas, Department of Communication Studies**

##### COMS 244: Introduction to Interpersonal Communication Theory

Summer 2022 (Online)

This introductory course focuses on basic knowledge of interpersonal communication principles, theory, skills, and applied research for COMS majors and minors. My work included but was not limited to recording class videos, organizing online activities and discussions, grading quizzes, and giving feedback to and evaluating students' interpersonal skills reports (e.g., emotional intelligence and communication positivity).

##### COMS 322: Audience Centered Public Speaking in the Workplace

Spring 2022 (In-person)

Spring 2021 (Online)

This advanced communication course focuses on workplace presentation skills and knowledge for upper-level undergraduate students tailored to their career intentions. My work included but was not limited to delivering lectures, organizing activities and discussions, designing quizzes and exams, and giving feedback to and evaluating students' speeches in business settings.

##### COMS 130: Speaker-Audience Communication

Spring 2020 (Hybrid); Summer 2020 (Online); Fall 2020 (Hybrid)

Spring 2019 (In-person); Fall 2019 (Online)

Spring 2018 (In-person); Fall 2018 (In-person)

Fall 2017 (In-person)

This introductory communication KU core course is for primarily first-year students focusing on techniques and strategies for effective public speaking. As the sole instructor, I was involved in delivering lectures, class activities and discussions, curriculum development (quizzes and exams), assessing student work, serving as a consultant for students' speech practice, and holding hands-on workshops.

## INVITED LECTURES/PRESENTATIONS

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#### **Utah State University, Department of Communication Studies and Philosophy**

##### CMST 3120: Communication in the Family Context

<i>Family Communication Processes and Sibling Dynamics</i>	Nov 2023
<b>Boise State University</b> , Department of Communication Studies COMM 221: Interpersonal Communication <i>Family Communication Processes and Sibling Dynamics</i>	April 2023
<b>The University of Kansas</b> , Department of Psychology, Close Relationship Interest Group Colloquium Talk: <i>Family Cohesion, Communication, and Sibling Dynamics</i>	April 2023
<b>The University of Kansas</b> , Department of Communication Studies Colloquium Talk: <i>The Nuances of Within-Family Differentiation</i>	Feb 2023
<b>East Tennessee State University</b> , Counseling and Human Services Department HDAL 4666: Cultural Influences in Development <i>Chinese Culture and Individuals' Healthy Development</i>	Mar 2023
<b>University of Illinois Springfield</b> , Human Services Program HMS 567: Family Dynamics & Intervention <i>Family Communication Patterns and Family Functioning</i>	Sep 2022
<b>Fudan University</b> , School of Journalism and Communication Fudan Intensive Summer Teaching Program: Interpersonal Communication: Theory and Practice <i>Conflict Management in Romantic Relationships Across Cultures</i> <i>Parent-young-adult-child Relationships</i> <i>Introduction to Family Communication: from American to Chinese context</i>	Aug 2022 Jul 2021 Jul 2020

#### SERVICE ACTIVITIES

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Co-chair, NCFR <i>Family Communication Focus Group</i>	2023 – 2025
Student and New Professional Representative, NCFR <i>International Section</i>	2023 – 2025
Consulting Editor, <i>Journal of Research on Adolescence</i>	2025
NCA Family Communication Division Mentor	2025
NCFR International Section Mentor	2025
Ad hoc Journal Reviewer, <i>Journal of Marriage and Family</i>	2024 – Present
Ad hoc Journal Reviewer, <i>Journal of Social and Personal Relationships</i>	2024 – Present
Ad hoc Journal Reviewer, <i>Family Process</i>	2024 – Present
Ad hoc Journal Reviewer, <i>Journal of Child and Family Studies</i>	2023 – Present
Ad hoc Journal Reviewer, <i>Family Relations</i>	2022 – Present
Ad hoc Journal Reviewer, <i>Journal of Family Psychology</i>	2022 – Present

Reviewer Guidelines Subcommittee (Global Network of Family Scientists), <i>Family Relations</i>	2022
Graduate Teaching Assistant Mentor, <i>Department of Communication Studies, University of Kansas</i>	2022
Reviewer, <i>Society for Research in Child Development</i> Conference Proposals	2024 – Present
Reviewer, <i>Society for Research on Adolescence</i> Conference Proposals	2023 – Present
Reviewer, <i>National Council on Family Relations</i> Annual Conference Proposals	2021 – Present
Reviewer, <i>National Communication Association</i> Annual Conference Papers	2021 – Present
Reviewer, <i>Family Focus for National Council on Family Relations</i>	2020

#### PROFESSIONAL DEVELOPMENT

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Multilevel Structural Equations Modeling, Statistical Horizons Workshop <i>Trained by Dr. Kristopher J Preacher</i>	Oct 2023
National Council on Family Relations Webinars <i>Introduction to Latent Growth Curve Modeling</i>	Sep 2023
<i>Introduction to Poisson Regression Model</i>	May 2023
<i>Interaction and Non-Linear Models using Logistic Regression</i>	May 2023
Create Accessible Courses and Course Materials Workshop <i>Inclusive, Diversity, Equity &amp; Access at the Communication Studies Department (KU)</i>	Jan 2022
National Communication Association Doctoral Honors Seminar <i>National Communication Association, Virtual</i>	Jul 2021
Latent Variable Modeling Workshop <i>Trained by Dr. Andy Supple at The University of North Carolina at Greensboro</i>	May 2021
Latent Class/Profile Analysis Workshop <i>Trained by Dr. Andy Supple at The University of North Carolina at Greensboro</i>	May 2021
Online Teaching Technology Workshop <i>Teaching Excellence Center at the University of Kansas</i>	Jan 2021

#### PROFESSIONAL MEMBERSHIP

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<b>Society for Research on Adolescence</b>	2023 – Present
<b>Sibling Studies Network</b>	2023 – Present
<b>National Council on Family Relations</b>	2020 – Present
Section	Families and Health
	Research and Theory
	International
	Family Therapy

Focus Group            Family Communication  
                             Sibling Relationships  
                             Coparenting/Divorce Education  
                             Asian American Families

**National Communication Association**

2016 – Present

Division                Interpersonal Communication  
                             Family Communication

**TECHNICAL AND STATISTICAL SKILLS**

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- *Mplus*, SAS, SPSS, R, JAMOVI, and STATA Statistical Software  
    Linear Regression, Logistic Regression, ANOVA, Mediation and Moderation (PROCESS),  
    Structural Equation Modeling (continuous and categorical variables), Multilevel Modeling,  
    Multilevel Structural Equation Modeling, Latent Moderated Structural Equations (LMS),  
    Exploratory/Confirmatory Factor Analysis, Actor-Partner Interdependence Model (APIM),  
    Latent Class/Profile Analysis, Latent Growth Curve Modeling (LGC), Intensive Longitudinal  
    Analysis
- Microsoft Office Suite (Word, Excel, PowerPoint, Access, Outlook, and OneNote)
- Online Teaching Platforms/Tools (Blackboard, Canvas, Zoom, VoiceThread, Kaltura, and TopHat)
- Visual Design Software (Adobe Photoshop and Adobe Premiere)

**LANGUAGES SPOKEN**

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Chinese (Native or bilingual proficiency)

English (Full professional proficiency)