



Training: **Mind-Body Bridging[®] for Mental Health Clinicians**

Learn the basic skills of the evidence-based therapeutic modality, Mind-Body Bridging, from MBB Certified Trainers. Mind-Body Bridging is transdiagnostic, alleviating psychological distress for individuals with a broad range of mental health issues, and increasing psychological flexibility and resilience.

Dates: July 27-28

Time: 9:00-4:00

Location: Bioinnovation Building
Utah State University Campus
650 E 1600 N #158
Logan, UT 84341

Cost: \$250

12 CEUs

**CLICK HERE TO
REGISTER**



Contact Us:

-  *Derrick Tollefson: 435-797-9296*
-  *Derrick.tollefson.usu.edu*
-  *i-system.usu.edu*